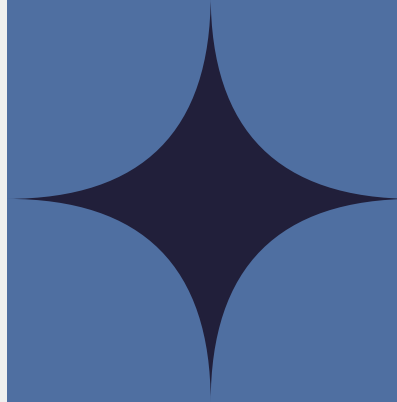




UPPER EXTREMITY SYMPOSIUM

CONFERENCE AGENDA

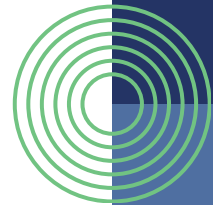


ANDREWS
RESEARCH & EDUCATION
FOUNDATION

FACULTY

Leslie Barnes Remski, MD
Kate Birmingham, OTR/L
Rahul Dasari, OTR/L, CHT
Nick Goyeneche, MD
Ryan Hine, DPT, OCS
Steve Jordan, MD
Amber Opitz, OTR/L, CHT, CLT
Tyler Opitz, DPT, SCS, CSCS
Lisa Robertson, OTR/L, CHT
Travis Roth, MD
Alison Taylor, OTR/L, CHT, CKTP, CKTI, NDT
Case Vogler, PT, DPT, SCS
Brittany Zellars, DPT, LAT, CMTPT/DN

CONFERENCE SPONSORS



SATURDAY, MARCH 16TH

7:00 AM: Registration and Breakfast - Amber Opitz,
OTR/L, CHT, CLT

7:45-8:00 AM: Opening & Speaker Introductions

8:00-8:30 AM: Elbow Anatomy and Tendinopathy -
Nick Goyeneche, MD

8:30-9:00 AM: Lateral Elbow Pain/Radial Nerve- Alison
Taylor, OTR/L, CHT, CKTP, CKTI, NDT-certified

9:00-9:30 AM: Rotator Cuff Repairs - Travis Roth, MD

9:30-10:00 AM: Elbow Fractures - Leslie Barnes
Remski, MD

10:00-10:30 AM: Elbow Trauma - Amber Opitz, OTR/L,
CHT, CLT

10:30-10:45: Panel Discussion Q&A

BREAK 10:45-11:00 AM

11:00-11:30 AM: UCL Surgery Reconstruction, Past
Present & Future - Steve Jordan, MD

11:30-12:00 AM: Rehab for UCL Reconstruction & Repair
Rehab - Tyler Opitz, DPT, SCS, CSCS

12:00-12:15: Panel Discussion Q&A

LUNCH: 12:15-1:15PM

1:15-4:15PM: Alison Taylor, OTR/L, CHT, CKTP, CKTI,
NDT-certified

- Elbow/olecranon alignment and positioning
- Taping for neural pathways
- Taping for scars/functional motion
- Treating without pain

4:15-4:45: Panel Discussion Q&A

4:45-5:00 pm: Closing Comments - Amber Opitz,
OTR/L, CHT, CLT



SUNDAY, MARCH 17TH

7:30-7:40 AM: Breakfast

7:45-8:00 AM: Opening, Review/Questions, & Speaker Introductions for AM- Kate Birmingham, OTR/L

8:00-8:30 AM: Blood Flow Restriction Training Integration Into Clinical Therapy Practice : Case Vogler, PT, DPT, SCS

8:30-9:00 AM: Shoulder Exam and Testing- Ryan Hine, DPT, OCS

9:00-9:30 AM: Post Operative Management: Rotator Cuff and Labral Pathologies- Brittany Zellars, DPT, LAT, CMTPT/DN

9:30-10:00 AM: Proximal Humerus Fractures and Bracing - Lisa Robertson, OTR/L, CHT

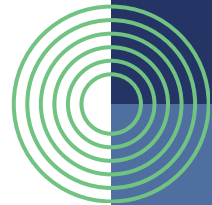
10:00-10:15 AM: Panel Discussion Q&A

BREAK 10:15-10:30 AM

10:30-11:00 AM: Treatment of Ehlers-Danlos Syndrome for the Upper Extremity- Rahul Dasari, OTR/L, CHT

11:00-11:30 AM: Virtual Reality for Pain Management in the Rehabilitation Setting- Kate Birmingham, OTR/L

11:30-12:00 PM: Panel Discussion Q&A



SUNDAY, MARCH 17TH

(Continued)

LUNCH 12:00 PM-1:00 PM

1:00-4:30 PM: Breakouts

1:20-2:50 PM: LABS

- Blood Flow Restriction (45min): Case Vogler, PT, DPT, SCS
- Shoulder Reloading and Stabilization (45 min): Tyler Opitz, DPT, SCS, CSCS
- Humerus Fx Casting with Deltacast (60min): Amber Opitz, OTR/L, CHT, CLT and Lisa Robertson, OTR/L, CHT

BREAK 2:50-3:00 PM

3:00-4:30 PM: LABS Continued

- Blood Flow Restriction (45min): Case Vogler, PT, DPT, SCS
- Shoulder Reloading and Stabilization (45 min): Tyler Opitz, DPT, SCS, CSCS
- Humerus Fx Casting with Deltacast (60min): Amber Opitz, OTR/L, CHT, CLT and Lisa Robertson, OTR/L, CHT

4:30-5:00: Panel Q&A and Closing Comments – Tyler Opitz, DPT, SCS, CSCS



Baptist Hospital is accredited by the Florida Medical Association to provide continuing medical education for physicians. Baptist Health Care designates this activity for a maximum of sixteen and a half (16.5) AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

Andrews Research & Education Foundation P10024 is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 16.5 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

Baptist Hospital, CE Broker provider # 50-183 is reviewing this program for 16.5 hours credit for physical therapists in the state of Florida. Physical therapist continuing education credits are pending for the state of Louisiana, Mississippi and Texas. Alabama and Georgia do not require course pre-approval; this course should be approved for up to 16.5 credit hours in these states.

Baptist Hospital, CE Broker provider # 50-183 approves this program for 16.5 hours credit for occupational therapists. Occupational therapist continuing education credits are pending for the state of Louisiana, Mississippi and Texas. Alabama and Georgia do not require course pre-approval; this course should be approved for up to 16.5 credit hours in these states.