**Wednesday, April 16, 2025**

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| **START TIME** | **LENGTH** | **TITLE of COURSE** | **WHO** |
| 4:00 p.m. | 120 minutes | Registration OPEN |  |
| 6:00 p.m.  |  | Registration CLOSE |  |
| 6:00 p.m. | 90 minutes | Faculty and Staff Reception |  |

**Thursday, April 17, 2025**

**Upper Extremity**

**Objective:** Identify upper extremity anatomy and describe the mechanism and operative and non-operative treatments of common injuries in the football player.

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| **START TIME** | **LENGTH** | **TITLE of COURSE** | **WHO** |
| 6:30 a.m. | 55 minutes | **Breakfast provided** |  |
| 7:25 a.m. | 5 minutes | Welcome and Introductions | Moderator: James R. Andrews, M.D. |
| 7:30 a.m. | 15 minutes | Shoulder Anatomy Video Demonstration | Baylor Blickenstaff, MDJohn Weldy, MD |
| 7:45 a.m. | 15 minutes | Live Examination of Shoulder Injuries | Steve Jordan MD |
| 8:00 a.m. | 15 minutes | Brachial Plexus | Jonathan Cheng, MD |
| 8:15 a.m. | 15 minutes | Brachial Plexus PT Talk | Andrew Teare Ketter |
| 8:30 a.m. | 15 minutes | Elbow Injuries in Football: In Season Management | Karim Meijer MD |
| 8:45 a.m. | 15 minutes | In Season Management of Anterior Shoulder Instability | Roger Ostrander MD |
| 9:00 a.m. | 15 Minutes | Rehabilitation Following Shoulder Stabilization Surgery | Kevin WIlk, DPT |
| 9:15 a.m. | 15 minutes | Football Injuries of the Hand and Wrist –How to Stay Out of Trouble | Steve Kronlage, MD |
| 9:30 a.m. | 15 minutes | Panel Discussion | Moderator: James R. Andrews, M.D.Steve Jordan MDRoger Ostrander MDKevin Wilk DPTKarim Meijer MDJonathan Cheng MDAndrew Tear Ketter DPT ATCSteve Kronlage, MD |
| 9:45 a.m. | 15 minutes | BREAK |  |

**Hot Topics in Football I**

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| **START TIME** | **LENGTH** | **TITLE of COURSE** | **WHO** |
| 10:00 a.m. | 5 minutes | Introduction of Speakers | Moderator: Kevin Wilk |
| 10:05 a.m. | 15 minutes | How to Remain Patient Centered in the New Collegiate Football Model  | Kenny Boyd, ATC  |
| 10:20 a.m. | 15 minutes | Return to Play Testing: Traditional and Reactive Neurocognitive Testing in ACL Athletes | Kevin Wilk, DPT |
| 10:35 a.m. | 15 minutes | Pectoralis Major: Sonographic Evaluation and MRI Correlation and Treatment Guidelines | Robert Pagan Rosado, MD (PCSM) |
| 10:50 a.m. | 15 minutes | Scapular Rehabilitation Following Injury  | Mike Kordecki |
| 11:05 a.m. | 15 minutes | Recognition, Treatment, and Prevention Strategies for Exertional Heat Illness  | Scott Anderson, ATC |
| 11.20 | 15 minutes | Bracing for Play in Football | Steve Kronlage, MD |
| 11:35 a.m. | 15 minutes | Orthobiologics for Football | Adam Anz, MD |
| 11:50 a.m. | 15 minutes | Panel Discussion | **Moderator:** Kevin Wilk, DPTKenny Boyd, ATCKevin Wilk, DPTRobert Pagan Rosado, MDMike KordeckiScott Anderson, ATCAdam Anz, MD |
| 12:05 a.m. | 10 minutes | James R. Andrews Excellence in Football Award  | James Andrews MD |
| 12:15 p.m. | 60 minutes | **LUNCH BREAK (lunch provided)** |  |
| 1:15 p.m. | 45 Minutes | **A. Concussion Breakout**Objective:Erin Reynolds, PsyDAndrew Teare Ketter, PT ATC**B. Neurocognitive Rehabiliation Techniques & Testing – Interactive Training**Objective: Understand and demonstrate current concepts for neurocognitive testing regarding return to play.***Neurocognitive Training and Testing Interactive Lab – LE & UE***Kevin E. Wilk, DPT, FAPTALuke Miller DPT, ATC | Erin Reynolds, PsyDAndrew Teare Ketter, PT ATCKevin E. Wilk, DPT, FAPTALuke Miller DPT, ATC |

**Lower Extremity/Hip and Core**

**Objective:**  Discuss examination, treatment, and rehabilitation for hip and knee injuries in the football player.

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| **START TIME** | **LENGTH** | **TITLE of COURSE** | **WHO** |
| 2:00 p.m. | 5 minutes | Introduction to Speakers | Moderator: Connor Norman  |
| 2:05 p.m. | 15 minutes | The Role of Recovery Methods in Relation to Soft Tissue Injuries | Donald Nyguen, ATC |
| 2:20 p.m. | 15 minutes | Surgical Considerations for the Hip | Richard Evanson, MD |
| 2:35 p.m. | 15 minutes | Post–Operative Hip Rehabilitation | Connor Norman PT, ATC |
| 2:50 p.m. | 25 minutes | Evaluation and Rehabilitation of the Lower Lumbar Football Spine  | Mike Ryan PTMike Kordecki DPT |
| 3:15 p.m. | 20 minutes | Pannel Discussion | Moderator: Connor Norman PT, ATCDonald Nyguen, ATCRichard Evanson, MDConnor Norman PT, ATCMike Ryan PTMike Kordecki DPT |
| 3:35 p.m. | 10 minutes | **BREAK (refreshments provided)** |  |
| 3:45 p.m. | 5 minutes | Introduction to Speakers | Moderator: Karim Meijer, MD |
| 3:50 p.m. | 15 minutes | Live Knee Exam Demonstration | Steve Jordan, MD &Stephen LePlante, PT |
| 4:05 p.m. | 15 minutes | Meniscal Injuries and Preservation in Football | Peter Indelicato, MD |
| 4:20 p.m. | 15 minutes  | Patellar Tendinosis Diagnosis and Management | James Paci, MD |
| 4:35 p.m. | 15 minutes | The Dislocated Patella in Football | Lee Pace, MD |
| 4:50 p.m. | 15 minutes | Multiligament of the Knee: Surgical Management | Adam Anz MD |
| 5:05 p.m. | 15 minutes | Rehabilitation of Multi Lig Surgeries  | Connor Norman, DPT, ATC |
| 5:20 p.m. | 20 minutes | Pannel Discussion | Moderator: Karim Meijer, MDSteve Jordan, MD Stephen LePlante, PTJames Paci, MDLee Pace, MDPeter IndelicatoAdam Anz MDConnor Norman, DPT ATC |
| 5:40 p.m. | 20 minutes | Key Note Speaker – Go and No- Go | Peter Indelicato, MD  |
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**Friday, April 18, 2025**

**Lower Extremity II**

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| **START TIME** | **LENGTH** | **TITLE of COURSE** | **WHO** |
| 7:00 a.m. | 55 minutes | **Breakfast provided** |  |
| 7:55 a.m. | 5 minutes | Introduction to Speakers | Moderator: James Paci, MD |
| 8:00 a.m. | 15 minutes | ACL Surgery: Graft selection, LET options & Tibial Slope Decisions, | Dustin Loveland, MD |
| 8:15 a.m. | 15 minutes | ACL Rehabiliation: Immediate to Intermediate Phase.  | Russ Paine, PT |
| 8:30 a.m. | 15 minutes | ACL Rehabiliation; Advanced Phase to On the Field. | Kevin Wilk, DPT, ATC |
|  8:45 a.m.  | 15 minutes | Field Management of the Dislocated Knee | Adam Anz MD |
| 9:00 a.m. | 15 minutes | Core Muscle Injuries: Diagnosis and Treatment | Benton Emblom, MD |
| 9:15 a.m. | 20 minutes | Dueling Discussion: Return to Play in Football After ACL Surgery: Patellar Tendon vs Quad Tendon | **Lee Pace, MD****James Paci, MD****Stephen LaPlante, PT** |
| 9:35 a.m. | 15 minutes | Panel Discussion | Moderator: James Paci, MDDustin LovelandRuss PaineKevin WilkAdam AnzBenton Emblom, MD |
| 9:50 a.m. | 15 minutes | **BREAK (coffee and cookies provided)** |
| 10:05 a.m. | 5 minutes | Introduction to Speakers | Moderator: Ron Courson ATC |
| 10:10 a.m. | 15 minutes | Emergency Preparedness in Football | Need Speaker |
| 10:25 a.m | 15 minutes | Emergency Evaluation: The Downed Athlete – On the Field Decisions | Glenn Henry  |
| 10:40 a.m | 15 minutes | Management of Life – Threatening Athletic Emergencies | Mike Goodlett, MD |
| 10:55 a.m. | 15 minutes | Cervial Spine Injuries in Football: Challenges in Diagnosis and management | Ron Courson ATC |
| 11:10 a.m. | 15 minutes | Panel Discussion | Moderator: Ron Courson ATCMark Gamber, EMDGlenn HenryMike Goodlett, MDRon Courson ATC |
| 11:25 a.m. | 60 minutes | **Concurrent Breakout Sessions** **A: Emergency Situations – Interactive Training** Objective: Demonstrate and apply current concepts for taking care of the spine-injured player and other emergencies.***Catastrophic Interactive Lab***Ron Courson, ATC, P.T., NRAEMT, CSCS**B: Blood Flow Restriction – Interactive Training (30 mins)**Objective: Demonstrate and apply current concepts for utilizing Blood Flow Restriction for return to play and treatment.***Blood Flow Restriction Demonstration and Training****Stephen LaPlante, PT, ATC**Benjamin Gloff* |
| 12:25 a.m.  | 60 minutes  | **LUNCH** |

**Foot and Ankle**

**Objective:**  Discuss the anatomy, treatment, and rehabilitation for ankle and foot injuries in football players.

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| **START TIME** | **LENGTH** | **TITLE of COURSE** | **WHO** |
| 1:25 p.m. | 5 minutes | Introduction to Speakers | Moderator: Norm Waldrop |
| 1:30 p.m. | 15 minutes | Live Ankle Exam | (2 AI Fellows) |
| 1:45 p.m. | 15 minutes | Surgical Management of Achillies Tendon Rupture  | Norm Waldrop |
| 2:00 p.m. | 15 minutes | Achillies Tendon Rupture Rehabilitation and Management | Mike Ryan |
| 2:15 p.m. | 20 minutes | Treatment and Management of Plantar Fasciitis | Sonya Ahmed, MD |
| 2:35 p.m. | 15 minutes | Treatment and Surgery of the Foot and Ankle in Football | Combo talk from Jeff Allen and Norm Waldrop |
| 2:50 p.m. | 15 minutes | Treatment and Management of Lis Franc | Keith Heier, MD |
| 3:05 p.m. | 15 minutes | Panel Discussion | Moderator: Norm WaldropSonya AhmedJeff AllenNorm WaldropKieth HeierMike Ryan |
| 3:20 p.m.  | 15 minutes  | **BREAK (refreshments provided)** |  |

**Hot Topics in Football II (Interactive Session)**

**Objective:**  Recognize key modalities and treatments for various injuries and discuss the trends and future in sports medicine.

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| **START TIME** | **LENGTH** | **TITLE of COURSE** | **WHO** |
| 3:35 p.m. | 5 minutes | Introduction to Speakers | **Moderator:** Katie O’Neil, MD |
| 3:40 p.m. | 15 minutes | The Effects of Cannabis on Performance | Jeff Konin PhD ATC PT |
| 3:55 p.m. | 15 minutes | Infectious Disease | Katie O’Neil, MD |
| 4:10 p.m. | 20 minutes | Introduction of Return to Sport Testing | Lucy Phan |
| 4:30 p.m. | 20 minutes | Return to Play Testing Data and What to Do with It | Russ Paine, PT |
| 4:50 p.m. | 20 minutes | Sickle Cell Trait in Athletes | Mike Goodlett, MD |
| 5:10 p.m. | 15 minutes | Medical Time Out | Jim Kyle MD |
| 5:25 p.m. | 20 minutes | Mental Health First Aid | Kimberly Williams, Certified |
| 5:45 p.m. | 20 minutes | Panel Discussion | **Moderator:**  Katie O’NeilJeff KoninLucy PhanRuss PaineMike Goodlett, MDJim KyleKimberly Williams |
| 6:05 p.m. | 5 minutes | Closing Comments & End  | James R. Andrews, M.D.Ron Courson, ATC, P.T., NRAEMT, CSCSChad Gilliland, ATC, MSMKevin E. Wilk, DPT, FAPTA |