

# Schedule

## Thursday, April 17, 2025

6:30 a.m.      **Breakfast (provided)**

7:25 a.m.      **Welcome and Introductions**

(5 minutes)

Co-Chairmen:  
James R. Andrews, MD

7:30 a.m.      **Shoulder Anatomy Demonstration**

(15 minutes)

Baylor Blickenstaff, MD  
John Weldy, MD

7:45 a.m.      **Live Examination of Shoulder Injuries**

(15 minutes)

Steve Jordan, MD

8:00 a.m.      **Brachial Plexus**

(15 minutes)

Jonathan Cheng, MD

8:15 a.m.      **Brachial Plexus PT Talk**

(15 minutes)

Andrews Teare Ketter

8:30 a.m.      **Elbow Injuries in Football: In-Season Management**

(15 minutes)

Karim Meijer, MD

8:45 a.m.      **In-Season Management of Anterior Shoulder Instability**

(15 minutes)

Roger Ostrander, MD

9:00 a.m.      **Rehabilitation Following Shoulder Stabilization Surgery**

(15 minutes)

Kevin Wilk, DPT

9:15 a.m.      **Football Injuries of the Hand and Wrist - How to Stay Out of Trouble**

(15 minutes)

Steve Kronlage, MD

9:30 a.m.      **Panel Discussion**

(15 minutes)

James R. Andrews, MD	Roger Ostrander MD	Karim Meijer MD
Steve Jordan MD	Kevin Wilk DPT	Jonathan Cheng MD
Steve Kronlage, MD	Andrew Tear Ketter DPT	ATC

9:45 a.m.      **Break**

### Hot Topics in Football I

**Objective:** Recognize key modalities and treatments for various injuries and discuss the trends and future in sports medicine.



10:00 a.m. (5 minutes)	Introduction of Speakers Moderator: Kevin Wilk, DPT			
10:05 a.m. (15 minutes)	How to Remain Patient Centered in the New Collegiate Football Model Kenny Boyd, ATC			
10:20 a.m. (15 minutes)	Return to Play Testing: Traditional and Reactive Neurocognitive Testing in ACL Athletes Kenny Boyd, ATC			
10:35 a.m. (15 minutes)	Pectoralis Major: Sonographic Evaluation and MRI Correlation and Treatment Guidelines Robert Pagan Rosado, MD (PCSM)			
10:50 a.m. (15 minutes)	Scapular Rehabilitation Following Injury Mike Kordecki			
11:05 a.m. (15 minutes)	Recognition, Treatment, and Prevention Strategies for Exertional Heat Illness Scott Anderson, ATC			
11:20 a.m. (15 minutes)	Bracing for Play in Football Steve Kronlage, MD			
11:35 a.m. (15 minutes)	Orthobiologics for Football Adam Anz, MD			
11:50 a.m. (25 minutes)	Concussion Talk Erin Reynolds, PsyD Andrew Teare Ketter, PT ATC			
12:15 p.m. (15 minutes)	Panel Discussion	Moderator: Kevin Wilk, DPT Robert Pagan Rosado, MD Andrew Teare Ketter, PT ATC	Kenny Boyd, ATC. Mike Kordecki Adam Anz, MD	Kevin Wilk, DPT. Scott Anderson, ATC. Erin Reynolds, PsyD
12:30 p.m.	<b>Lunch Break (lunch provided)</b>			
1:25 p.m. (10 minutes)	James R. Andrews Excellence in Football Award James Andrews, MD			
1:35 p.m. (45 minutes)	<b>Breakout Session B - Neurocognitive Rehabilitation Techniques &amp; Testing - Interactive Training</b> <b>Objective:</b> Understand and demonstrate current concepts for neurocognitive testing in regards to return to play. Neurocognitive Training and Testing Interactive Lab Kevin E. Wilk, DPT, FAPTA Luke Miller DPT, ATC			



## Lower Extremity/Hip and Core

**Objective:** Discuss examination, treatment, and rehabilitation for hip and knee injuries in the football player.

2:20 p.m. (5 minutes)	Introduction to Speakers Moderator: Connor Norman		
2:25 p.m. (15 minutes)	The Role of Recovery Methods in Relation to Soft Tissue Injuries Donald Nyguen, ATC		
2:40 p.m. (15 minutes)	Surgical Considerations for the Hip Richard Evanson, MD		
2:55 p.m. (15 minutes)	Post-Operative Hip Rehabilitation Connor Norman PT, ATC		
3:10 p.m. (25 minutes)	Evaluation and Rehabilitation of the Lower Lumbar Football Spine Mike Ryan PT Mike Kordecki DPT		
3:35 p.m. (20 minutes)	Panel Discussion Moderator: Connor Norman PT, ATC Connor Norman PT, ATC	Donald Nyguen, ATC. Mike Ryan PT	Richard Evanson, MD Mike Kordecki DPT
4:00 p.m.	<b>Break (refreshments provided)</b>		
4:10 a.m. (5 minutes)	Introduction to Speakers Moderator: Karim Meijer, MD		
4:15 p.m. (15 minutes)	Live Knee Exam Demonstration Steve Jordan, MD & Stephen LePlante, PT		
4:30 p.m. (15 minutes)	Meniscal Injuries and Preservation in Football Peter Indelicato, MD		
4:45 p.m. (15 minutes)	Patellar Tendinosis Diagnosis and Management James Paci, MD		
5:00 p.m. (15 minutes)	The Dislocated Patella in Football Lee Pace, MD		
5:15 p.m. (15 minutes)	Multiligament of the Knee: Surgical Management Adam Anz MD		
5:30 p.m. (15 minutes)	Rehabilitation of Multiple Ligament Surgeries		
5:45 p.m. (20 minutes)	Panel Discussion Moderator: Karim Meijer, MD James Paci, MD. Connor Norman, DPT ATC	Steve Jordan, MD Peter Indelicato	Stephen LePlante, PT Adam Anz MD





6:00 p.m.                      Key Note Speaker – Go and No-Go  
(20 minutes)                      Peter Indelicato, MD

## Friday, April 18, 2025

7:00 a.m.                      **Breakfast provided**

7:55 a.m.                      Introduction to Speakers  
(5 minutes)                      Moderator: James Paci, MD

8:00 a.m.                      ACL Surgery: Graft selection, LET options & Tibial Slope Decisions  
(15 minutes)                      Dustin Loveland, MD

8:15 a.m.                      ACL Rehabilitation: Immediate to Intermediate Phase  
(15 minutes)                      Russ Paine, PT

8:30 a.m.                      ACL Rehabilitation; Advanced Phase to On the Field  
(15 minutes)                      Kevin Wilk, DPT, ATC

8:45 a.m.                      Field Management of the Dislocated Knee  
(15 minutes)                      Adam Anz, MD

9:00 a.m.                      Core Muscle Injuries: Diagnosis and Treatment  
(15 minutes)                      Benton Emblom, MD

9:15 a.m.                      Dueling Discussion: Return to Play in Football After ACL Surgery: Patellar Tendon vs  
(20 minutes)                      Quad Tendon  
Lee Pace, MD  
James Paci, MD  
Stephen LaPlante, PT

9:35 a.m.                      Panel Discussion  
(15 minutes)                      Moderator: James Paci, MD    Dustin Loveland, MD    Russ Paine, PT  
Kevin Wilk, DPT                      Adam Anz, MD

9:50 a.m.                      **Break (coffee and cookies provided)**

10:05 a.m.                      Introduction to Speakers  
(5 minutes)                      Moderator: Ron Courson ATC

10:10 a.m.                      Emergency Preparedness in Football  
(15 minutes)                      Jim Kyle, MD

10:25 a.m.                      Emergency Evaluation: The Downed Athlete – On the Field Decisions  
(15 minutes)                      Glenn Henry

10:40 a.m.                      Management of Life – Threatening Athletic Emergencies  
(15 minutes)                      Mike Goodlett, MD



10:55 a.m. Cervical Spine Injuries in Football: Challenges in Diagnosis and Management  
(15 minutes) Ron Courson ATC

11:10 p.m. Panel Discussion  
(15 minutes) Moderator: Ron Courson ATC Mark Gamber, EMD  
Glenn Henry Mike Goodlett, MD.

11:25 a.m. **Concurrent Breakout Session A - Emergency Situations - Interactive Training**  
(60 minutes) **Objective:** Demonstrate and apply current concepts for taking care of the spine injured player and other emergency situations.

Catastrophic Interactive Lab  
Ron Courson, ATC, PT, NRAEMT, CSCS

**Concurrent Breakout Session B - Blood Flow Restriction - Interactive Training**  
**Objective:** Demonstrate and apply current concepts for utilizing Blood Flow Restriction for return to play and treatment.

Blood Flow Restriction Demonstration and Training  
Stephen LaPlante, PT, ATC  
Benjamin Gloff

12:25 p.m. **Lunch**

#### **Foot and Ankle**

**Objective:** Discuss the anatomy, treatment, and rehabilitation for ankle and foot injuries in football players.

1:25 p.m. Introduction to Speakers  
(5 minutes) Moderator: Norm Waldrop

1:30 p.m. Live Ankle Exam  
(15 minutes) (2 AI Fellows)

1:45 p.m. Surgical Management of Achilles Tendon Rupture  
(15 minutes) Norm Waldrop

2:00 p.m. Achilles Tendon Rupture Rehabilitation and Management  
(15 minutes) Mike Ryan

2:15 a.m. Cervical Spine Injuries in Football: Initial Diagnosis and Management  
(20 minutes) David Leslie, D.O., CAQSM

2:35 a.m. Treatment and Surgery of the Foot and Ankle in Football  
(15 minutes) Jeff Allen & Norm Waldrop

2:50 p.m. Treatment and Management of Lis Franc  
(15 minutes) Keith Heier, MD

3:05 p.m. Panel Discussion  
(15 minutes) Moderator: Norm Waldrop Sonya Ahmed Jeff Allen  
Kieth Heier Mike Ryan



3:20 p.m.      **Break (refreshments provided)**

### Hot Topics in Football II

**Objective:** Recognize key modalities and treatments for various injuries and discuss the trends and future in sports medicine.

3:35 p.m. (5 minutes)	Introduction to Speakers Moderator: Katie O'Neil, MD
3:40 p.m. (15 minutes)	The Effects of Cannabis on Performance Jeff Konin PhD ATC PT
3:55 p.m. (15 minutes)	Infectious Disease Katie O'Neil, MD
4:10 p.m. (20 minutes)	Introduction of Return to Sport Testing Lucy Phan
4:30 p.m. (20 minutes)	Return to Play Testing Data and What to Do with It Russ Paine, PT
4:50 p.m. (20 minutes)	Sickle Cell Trait in Athletes Mike Goodlett, MD
5:10 p.m. (15 minutes)	Medical Time Out Jim Kyle MD
5:25 p.m. (20 minutes)	Mental Health First Aid Kimberly Williams, Certified
5:45 p.m. (20 minutes)	Panel Discussion Moderator: Katie O'Neil    Jeff Konin    Lucy Phan    Russ Paine Mike Goodlett, MD.    Jim Kyle    Kimberly Williams
6:05 p.m. (5 minutes)	Closing Remarks Co-Chairmen: James R. Andrews, M.D. Ron Courson, ATC, PT, NRAEMT, CSCS Chad Gililand, ATC, MSM Kevin E. Wilk, DPT, FAPTA

We regret the omission of any information submitted after the print deadline.

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